

Fujinomiya Bulletin

June 2025



富士山縄文の学校

4月26日(土)、史跡大鹿産土跡で富士山縄文の学校が開催されました。

参加者たちは、土器や石器づくり、鹿の骨をナイフの形に削るなど、思い思いの作品を作り、縄文時代の生活を体験しました。



広報ふじのみやは、自治会の協力で配布しています。自治会に加入して地域活動に協力しましょう。

Information on Pregnancy, Children, Childcare

If your child get sick suddenly

Inquiry Shizuoka Child Emergency Telephone Consultation (*Shizuoka kodomo kyukyu denwa sodan*)
☎#8000 or 054-247-9910

Time Available 24 hours a day

※In case of **emergency**, do not hesitate to call ☎119



Counseling for children

Inquiry Family and Child Counseling Section, Children's Future Division
(*Kodomo mirai-ka, katei jido sodan-kakari*) ☎0544-22-1230

Time Weekdays 8:30~17:15

Inquiry Child Guidance Center (*Jido sodan jo*)
For consultation only: ☎0120-189-783

Time Available 24 hours a day



Counseling on abuse

Inquiry Child Guidance Center (*Jido sodan jo*)
For abuse only: ☎189

Time Available 24 hours a day



Counseling on bullying, truancy, attitude toward life, and employment

Inquiry Youth Counseling Center (*Seishonen sodan center*)
Elementary and Junior high school students: ☎0544-22-0064
Junior high school students - 39 years old: ☎0544-22-1252
E-mail Counseling : e-sodan@city.fujinomiya.lg.jp



Time Weekdays 9:00~17:00 (Until 19:30 on the 2nd and 4th Wednesday of each month)

The number of population and households (As of May 1st, 2025)

	Male	Female	Total	Household
Population	62,747	63,417	126,164	59,497
Month to month basis	(-102)	(-83)	(-185)	(+37)

The Japanese fiscal year begins in April and ends in March.

Example:

FY2024 (from April 2024 to March 2025)

FY2025 (from April 2025 to March 2026)



Notice

Exemption from National Pension Insurance premiums for the period before and after childbirth

National Pension Insurance premiums will be exempted for 4 months from the expected date of delivery, or from the month before the date of childbirth.

In the case of multiple pregnancies (twins, etc.), it will be exempted for 6 months from the expected date of delivery, or from 3 months before the date of childbirth.

Eligibility National Pension System Category 1 insured persons whose date of childbirth is on or after February 1, 2019. (Covered from National Pension Insurance premiums for April 2019)

Application From 6 months before the expected date of delivery, please come to the counter or by mail.

* After childbirth, you can submit a notification at any time.

What to bring

- "Boshi Kenko Techo" (mother and child health handbook) *For confirming the expected date of delivery
- A Proof of "Basic Pension Number" or "My Number (individual number)"
- ID (My Number Card, driver's license, resident card, etc.)

Others Childbirth is defined as a birth of 85 days (4 months) gestation or more including stillbirths, miscarriages, and premature births.

Inquiry Fuji Pension Office (*Fuji Nenkin Jimusho*) ☎ 0545-61-1900
Insurance and Pension Division (*Hoken Nenkin-ka*) ☎ 0544-22-1139

Notice**Current Status Report for Child Allowance (*jido teate*)**

If there is no change in the child's care status, it is no longer necessary to submit a current status report. Those who are required to submit the report will receive it by mail in mid-June, and it must be submitted by June 30 (Mon).

Procedures are required in the following cases:

- When the recipient moves out of the city
- When the recipient and the child have different addresses
- When the recipient becomes a civil servant

Inquiry Child Future Division (*Kodomo Mirai-ka*) ☎0544-22-1146

Notice**Medical Expense Subsidies for single-parent households, etc.**

When you receive a medical treatment covered by insurance, we will subsidize the full amount of your co-payment.

Eligibility Households that meet one of the following conditions and whose income during 2024 is not subject to income tax.

- ①Parents from single-parent households and who support children under 20 years old, and their children
- ②Children under 20 years old who have no parents
- ③Children under 20 years old whose father or mother have severe disabilities or who are unable to receive support due to their prolonged detention or disappearance

What to bring

- Bankbook in the name of the parent/guardian
- Insurance cards of all household members
- My Number(individual number) of all household members



Others If you are receiving the subsidies at present, please renew your application by June 30 (Mon).

Inquiry Child Future Division (*Kodomo Mirai-ka*) ☎0544-22-1146



Information on Seniors, Health, Medical Care, Nursing Care, and Disabilities

Notice

Chest Examination (Lung cancer and Tuberculosis)

Eligibility Citizens over 40 years old who have no other opportunities to receive medical checkup.

Fee Free of charge

Application Not required. Come directly to the venue.

Others Please avoid wearing buttoned-up clothes and necklaces.

The venues open from 10:00 to 15:00 will have a lunch break from 12:00 to 13:30.

Inquiry Health Promotion Division (Kenko Zoshin-ka) ☎0544-22-2727



Date	Day	Time	Venue
June	4	10:00-12:00	Gendoji Kumin-kan
		13:30-15:00	Hoshiyama 1-ku Kumin-kan
	5	10:00-12:00	Hibarigaoka Kumin-kan
		13:30-15:00	Misonodaira Kumin-kan
	6	10:00-12:00	Tanaka-ku Kumin-kan
		13:30-15:00	Nanbu Komin-kan
	10	10:00-15:00	Ninomiya-ku Kokai-do
	11		
	12	10:00-11:30	Koizumi 4-ku Kumin-kan
		13:00-15:00	Kamikoizumi Kumin-kan
	13	10:00-12:00	Koizumi 1-ku Kumin-kan
		13:30-15:00	Koizumi 2-ku Kumin-kan
	17	10:00-15:00	Welcia Fujinomiya Shiroyama-ten
	18		
	19	10:00-15:00	Murayama 3-ku Kumin-kan
	20	10:00-15:00	Fujinomiya-shi Ishi Kaikan (medical association)
July	24	10:00-15:00	Oiwa 3-ku Kumin-kan
	25	10:00-15:00	Nishi Komin-kan
	26		
	27	10:00-15:00	Chuo Library Northern Parking Lot
	1	10:00-15:00	City Hall Southern Parking Lot
	2		
	3	10:00-10:30	Yamamoto-ku Dai3 Komin-kan
		11:00-12:00	Yamamoto-ku Dai2 Komin-kan
	4	10:00-15:00	Fujine Kita Komin-kan
	8	10:00-15:00	Nanbu Komin-kan
	9		
	10	10:00-15:00	Sugita Kumin Center
	11		
	15	10:00-11:30	Kotohira Kumin-kan
		13:00-15:00	Hoken Center (health center)

Heat Stroke Prevention



Heat stroke is caused by an imbalance of water and salt in the body, which prevents the body from functioning properly to regulate body temperature, resulting in heat buildup in the body. Severe cases can lead to loss of life.

In recent years, due to the effects of global warming, the number of people suffering from heat stroke has been increasing due to the continuous heat wave and midsummer days nationwide since early May.

In addition, the number of emergency medical care patients and fatalities have increased rapidly during the hot and humid period at the end of the rainy season when temperatures rise.

It is important to prevent heat stroke on a daily basis, rather than thinking, "I can handle this heat," or "I am OK."

Before becoming really hot

When the body is not accustomed to the heat and the temperature suddenly rises, the body cannot sweat well, and the risk of heat stroke increases.

Please make sure to build a body that can withstand the heat from now.



-Make a habit of sweating through moderate exercise such as walking and stretching.

-Use bedding with good breathability and absorbency, and air conditioning to create a comfortable sleeping environment.

-Eat three well-balanced meals a day.

Environments Prone to Heat Stroke

Heat stroke is more likely to occur in places with bad ventilation, strong sunlight, and high temperatures and humidity.

During outdoor work that is exposed to direct sunlight for long period of time, or sports and other strenuous activities, the body temperature tends to rise easily, so be sure to pay attention to the temperature and humidity.

Turning on the air conditioner will not lower the room temperature immediately. It is important to ventilate the room when you get home.

A closed car interior can cause temperatures to rise rapidly in a short period of time, which can lead to fatal accidents.

Do not leave children alone in the car.

People who need special attention

The elderly, who have a weak sense of temperature, and children, who cannot regulate their body temperature well and are easily affected by the reflection of light from the ground, should be especially careful.

Even normally healthy people cannot regulate their body temperature as usual when they are sick due to lack of sleep or tiredness, or when their body fluids are low due to hangover or diarrhea.

People with disabilities may not be able to communicate symptoms on their own, so it is important for those around them to be considerate.

Measures to prevent from heat

☑ Take water frequently, even if you are not thirsty, drinking 1 glass of water per hour, 1.2 liters per day

☑ Cool your body with cooling products such as ice packs or cooling sheets

☑ Wear quick-drying and breathable clothes

☑ When indoors, use air conditioners, fans, and other cooling appliances to keep the room temperature at an appropriate level (26-28°C) and avoid direct sunlight by using shading curtains or blinds.

☑ When outside, use a parasol or hat, and take frequent breaks under shade trees or in other places where you can avoid the sun.



Take a rest frequently

Heat stroke symptoms progress rapidly and can become severe. Before symptoms of heat stroke appear, such as dizziness, lightheadedness, facial flushing, and numbness in the hands and feet, please take a rest, move to a cool place, and drink plenty of water and take in salt.

The “Cooling Shelter,” a shelter to escape the heat, will be open until October 22 (Wed).

Facility	Address	Days	Time
City Hall	150 Yumizawa-cho	Mon-Fri	8:30-17:15
Hoken Center (health center)	12-1 Miyahara	Mon-Fri	8:30-17:15
Kitayama Shutchojo	1584-1 Kitayama	Mon-Fri	8:30-17:15
Ueno Kaikan	141 Shimojo	Mon-Fri	8:30-17:15
Shiraito Shutchojo	1113-1 Hara	Mon-Fri	8:30-17:15
Shibakawa Kaikan	1131-6 Naganuki	Mon-Fri	8:30-17:15
Nanbu Kominkan	345-2 Kuroda	Tue-Sun	9:00-17:00
Nishi Kominkan	27-4 Kandagawa-cho	Tue-Sun	9:00-17:00
Shibakawa Kominkan	1270-1 Naganuki	Tue-Sun	9:00-17:00
Yuno Kominkan	361-1 Shimoyuno	Tue-Sun	9:00-17:00
Ekimae Koryu Center	5-7 Chuo-cho	Excluding days when the center is closed	9:00-21:00
Ofuji Koryu Center	4136-6 Mannoharashinden	Tue-Sun	9:00-21:00
Tomioka Koryu Center	300-1 Aoki	Tue-Sun	9:00-21:00
Shimin Taiikukan (Civic Gymnasium)	116 Togami Higashi-cho	Mon-Fri	9:00-21:00
Shibakawa B&G Kaiyo Center	858 Nishiyama	Mon-Fri	9:00-17:00
AEON MALL Fujinomiya	1-8 Asama-cho	Mon-Sun	9:00-22:00
Welcia			
Fujinomiya Miyahara-ten	321-2 Miyahara	Mon-Sun	9:00-19:00
Fujinomiya Kandagawa-ten	17-3 Kandagawa-cho	Mon-Sun	9:00-19:00
Fujinomiya Shiroyama-ten	16 Wakanomiya-cho	Mon-Sun	9:00-19:00
Welcia Pharmacy			
Fujinomiya Awakura-ten	159 Awakura Minami-cho	Mon-Fri	10:00-13:00 14:00-19:00
Fujinomiya Akoji-ten	135 Higashi Akoji-cho	Mon-Sat	9:00-14:00 15:00-18:00
MaxValu			
Fujinomiya Asahi-cho-ten	6-29 Asahi-cho	Mon-Sun	7:00-21:30
Fujinomiya Mannohara-ten	3362-1 Mannoharashinden	Mon-Sun	7:00-23:30
Fujinomiya Miyahara-ten	1-4 Miyahara	Mon-Sun	8:00-20:00
Fujinomiya Wakamiya-ten	530-2 Koizumi	Mon-Sun	9:00-20:00



Information on Events, Applications, Notices, National Insurance, Pensions, Subsidies, Aids, Businesses

Notice

Replacement of Water Meter

Water meters that have been installed over 7 years will be replaced free of charge.
A designated water supply equipment installation contractor commissioned by the city will visit in July.
Do not place any objects around the meter box.

Target area Akoji-cho, Asahi-cho, Asama-cho, Omiya-cho, Kita-machi, Kibune-cho, Gendoji-cho, Takara-machi, Tanaka-cho, Chuo-cho, Nishiki-cho, Nishi-machi, Nishiyama, Higashi-cho, Hikari-cho, Miya-cho, Miyakita-cho, Motoshiro-cho, Yatate-cho, Yutaka-cho, Yumizawa-cho, Yodogawa-cho, Wakanomiya-cho

Inquiry Water Works Division (*Suido gyomu-ka*) ☎0544-22-1158



Notice

Premium Gift Certificate “Genki Wakuwa Coupon Let’s 5” on sale soon

Premium gift certificates will be sold to the city residents, which are worth 15,000 yen for 10,000 yen.
To purchase, you will need the postcard (exchange ticket) that was sent out in late May. If you have not received it or have lost it, please contact us.

Sales period: June 25 (Wed) - July 18 (Fri)



▲Postcard (exchange ticket)



Others The valid period is from June 25 (Wed) to December 31 (Wed). Sales will end as soon as 50,000 sets are sold out. Please see the postcard for sales locations.

Inquiry Commerce and Industry Division (*Syoko Shinko-ka*) ☎ 0544-22-1295



Notice

〈Sale〉 Disaster Prevention Radios

We will start accepting reservations for the sale of disaster prevention radios that can receive the city's radio broadcasts.

It plans to hand over the product in December.

Eligibility Those who live or work in the city or businesses that have a store in the city

Capacity 200 radios (first-come, first-served basis; 170 radios for former Fujinomiya area/ 30 radios for former Shibakawa area)

Price 3,800 yen

Application June 22 (Sun), 9:00 to 15:00, online application or at the Civic Hall on the first floor of City Hall

What to bring ID (My number card, driver's license, etc.)

Others Up to 1 radio per household

Those who meet all of the following conditions are eligible for the free distribution. The timing of the free distribution will be announced as soon as it is determined.

- Those who live in the city and are registered as residents.
- Those who were born before April 1, 1950.
- Those who live alone at home.
- Those who are exempt from city resident's tax.

Inquiry Crisis Management Bureau (*Kiki Kanri-kyoku*) ☎ 0544-22-1319





Garbage / Recycling

Inquiry

Life Environment Division (Seikatsu Kankyo-ka)

☎ 0544-22-1137

Please take "zatsu-gami" to a "koshi kaishu station"

"Zatsu-gami" (recyclable paper) collected at the "Koshi kaishu station" (waste paper collection station) is recycled into cardboard, toilet paper and other products.



Type of "zatsu-gami"



【Caution】

Dirty or smelly paper cannot be disposed of as "zatsu-gami". Please dispose of them as "combustible garbage".



When taking out "zatsu-gami" to a "Koshi Kaishu Station", please put it in a cardboard box or paper bag to prevent its contents from coming out.



VIDEO

How to sort and dispose of "zatsu-gami"



Locations of "Koshi Kaishu Station"

- City Hall northern parking lot,
- Branch offices (*shutcho-jo*),
- Community centers (*komin-kan*), etc.



Monthly goal for each person

1か月の目標

Let's reduce the amount of garbage by one ear of corn

とるこし1個分の削減しよう

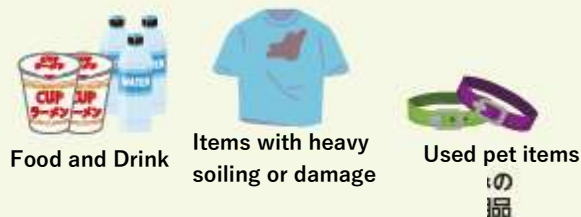
Before disposing of unwanted items as garbage

The city has an agreement with "OIKURA", a free purchase service that provides people to sell a variety of unwanted items from their homes.

Items that can be sold



Items that cannot be sold



If you use "OIKURA"...

All items sold will be reused, helping to reduce the amount of waste.

In addition, the staff will come to your home to pick up the items, so it's hassle-free.

Application On the official "OIKURA" website



When disposing of weeds

When disposing of weeds from mowing, please let them dry, put them in the city's designated bags, and take them out to the garbage collection points on the days of combustible garbage.

- Please take out one bag per time.
 - Weeds from clean-up activities by neighborhood associations cannot be taken out to the garbage collection points.
- Please contact the Cleaning Center in advance before bringing them in.



Schedule from June 1st to July 10th
First-aid Medical Treatment Center (*Kyukyu Iryo Center*)

☎0544-24-9999 / Fax: 0544-24-9995 / Address: 12-1 Miyahara, Fujinomiya, Zip Code 418-0005

Medical treatment subject	Day	Time
Internal medicine (<i>Naika</i>), Pediatrics (<i>Shonika</i>), Surgery (<i>Geka</i>)	Weekdays	19:00-8:00 on the next day
	Saturdays	14:00-8:00 on the next day
	Sundays, Public holidays, Year-end and New year holidays	8:00-8:00 on the next day
Dentistry (<i>Shika</i>)	Sundays, Public holidays, Year-end and New year holidays	9:00-17:00

 *If your condition is severe, dial **119** for ambulance. Make sure to bring your **health insurance card** with you.

Emergency Ophthalmological Clinics (*Ganka*) Open: 9:00-17:00

*Please make sure to contact the clinics beforehand as they may change.

Date	Clinics name/ Address	Tel
June 1	Nagano lin/ Yunoki, Fuji city	0545-60-7100
June 8	Nakagawa Ganka/ Oiwa	0544-29-6000
June 15	Abe Ganka lin/ Yunoki, Fuji city	0545-61-5810
June 22	Asaoka Ganka lin/ Imaizumi, Fuji city	0545-52-0745
June 29	Yamamoto Ganka Clinic/ Ishizaka, Fuji city	0545-21-0069
July 6	Kato lin/ Hina, Fuji city	0545-34-0011

Emergency Obstetrics and Gynecology Clinics (*Sanfujinka*) Open: 9:00-24:00

*Please make sure to contact the clinics beforehand as they may change.

Date	Clinics name/ Address	Tel
June 1	Fujinomiya City General Hospital/ Nishiki-cho	0544-27-3151
June 8	Otabe Sanfujinka lin/ Hibarigaoka	0544-23-1182
June 15	Bando Ladies Clinic/ Sugita	0544-28-5800
June 22	Tenjin Sanfujinka lin/ Wakanomiya-cho	0544-24-1322
June 29	Otabe Sanfujinka lin/ Hibarigaoka	0544-23-1182
July 6	Fujinomiya City General Hospital/ Nishiki-cho	0544-27-3151

Blood Donation

Date	Clinics name/ Address	Time
June 3	City Hall, northern parking lot/ Yumizawa-cho	9:30-11:15
June 7	AEON Mall Fujinomiya/ Asama-cho	9:30-16:00*
June 8	Fujinomiya Sengen Taisha Shrine / Miya-cho	9:00-16:00
June 14	AEON Mall Fujinomiya/ Asama-cho	9:30-16:00*
June 22	AEON Mall Fujinomiya/ Asama-cho	9:30-16:00*

*Not implemented from 12:00-13:15

Inquiry Welfare Planning Division (*Fukushi Kikaku-ka*) ☎ 0544-22-1457

Due Dates for tax or other payments

Date	Taxes to be payed
June 2	Child care fee (for May usage)
	Public housing fee and parking fee (for May usage)
June 3	KEI JIDOSHA tax *Small cars of Japanese automobile standard (up to 660cc and 64bhp)
June 30	Water charges and Sewerage charges (for May usage)
	Contribution for public sewerage system (1st term)
	Child care fee (for June usage)
	Public housing fee and parking fee (for June usage)
July 3	Municipal and prefectural resident tax (1st term)

Counseling and Consultation *Not implemented on public holidays.

〈Place: Citizen counselling room, 1st floor, City Hall〉

Consultation	Date & Time
① General counseling (<i>Ippan sodan</i>)	Monday-Friday 8:30-17:00
② Counseling for non-Japanese residents (<i>Gaikokujin sodan</i>)	(*Reception: until 16:30)
③ Counseling on consumer affairs (<i>Shohi seikatsu sodan</i>)	Monday-Friday 9:00-16:00
④ Attorney (<i>Bengoshi sodan</i>) *Appointment is required (by 12:00 on the day before the consulting day, seats are limited to the first 7 people)	Wednesdays (13:30- until the end of the consultation)
⑤ Judicial scrivener (<i>Shihosyoshi sodan</i>) *Appointment is required	June 13 13:00-16:00
⑥ Licensed tax accountant (<i>Zeirishi zeimu sodan</i>) *Appointment is required	June 3, 17 13:00-15:00
⑦ Administrative scrivener (<i>Gyosei syoshi sodan</i>)	June 20 13:30-16:30

⑧ General administrative counseling (<i>Gyosei sodan</i>)	June 12 10:00-15:00
⑨ Consultation on the human rights (<i>Jinken sodan</i>)	June 17 13:00-16:00
⑩ Consultation on side jobs (<i>Naisyoku assen</i>)	Mondays and Thursdays 9:00-16:00
⑪ Patent attorney (<i>Benrishi sodan</i>) *Appointment is required.	June 27 15:00-17:00
⑫ Business start-up consultation (<i>Sogyo sodan</i>) *Appointment is required.	June 24 10:00-15:00

Inquiry①,③-⑨ Community Service Division (*Shimin Seikatsu-ka*)② Citizen Exchange Division (*Shimin Koryu-ka*)⑩-⑫ Commerce and Industry Division (*Syoko Shinko-ka*)

☎ 0544-22-1196

☎ 0544-22-1246

☎ 0544-22-1295

〈Place: Meeting Room 510, 5th Floor, City Hall〉

Consultation	Date & Time
Real estate transaction agent (<i>Takuchi tatemono torihikishi sodan</i>) *Appointment is required.	June 10 13:00-15:00

InquiryConstruction and Housing Division (*Kenchiku Jyutaku-ka*) ☎ 0544-22-1163〈Place: Meeting Room 430, 4th Floor, City Hall〉

Consultation	Date & Time
Pension consultation (<i>Nenkin sodan</i>) *Appointment is required.	June 26 10:00-15:00

InquiryFuji Pension Office in Fuji city (*Fuji Nenkin Jimusho*) ☎ 0545-61-1900

富士宮市
FUJINOMIYA CITY


■ City Hall Open Days on Holidays: We open on the first Sunday of each month.

June 1 (Sun)

July 6 (Sun)


8:30-17:00

Division & Phone number	Services
Citizen Registration Division (<i>Shimin-ka</i>) ☎ 0544-22-1134 〈Certification and My Number Card〉 ☎ 0544-22-1135 〈Family Register and Address〉	<ul style="list-style-type: none"> Submission for Family Register (<i>koseki</i>) (birth, marriage, death, etc.) Submission of change of residence (moving into the city, moving out of the city, moving within the city, etc.) Application for seal (<i>inkan</i>) registration and abolition Issuance of various certificates (certificate of residence (<i>jyuminhyo</i>), Family Register (<i>koseki tohon</i>, <i>koseki syohon</i>), certificate of seal (<i>inkan</i>) registration)

	<ul style="list-style-type: none"> Receiving passports Procedures for applying for My Number Card  <p>The services we handle are different from normal days. For details, please call or visit the city's official website.</p>
Insurance and Pension Division (<i>Hoken Nenkin-ka</i>) ☎ 0544-22-1138	<ul style="list-style-type: none"> Qualification and disqualification for National Health Insurance
Child Future Division (<i>Kodomo Mirai-ka</i>) ☎ 0544-22-1146	<ul style="list-style-type: none"> Application for Child Allowance and Child Medical Expense Beneficiary Certificate
Tax & Premium Collection Division (<i>Shuno-ka</i>) ☎ 0544-22-1129 <Payment> ☎ 0544-22-1128 <Certification>	<ul style="list-style-type: none"> Payment of city taxes, etc. and Consultation on payment Issuance of tax certificates <p>※Appointment is required in advance for tax consultation. ※Tax exemption certificates, etc. that require a declaration cannot be issued</p>

■ After-hours service: Every Wednesday until 19:00pm

*No services if a public holiday falls on a Wednesday.

Division & Phone number	Services
Citizen Registration Division (<i>Shimin-ka</i>) ☎ 0544-22-1134	<ul style="list-style-type: none"> Application for seal (<i>inkan</i>) registration and abolition Issuance of various certificates (certificate of residence (<i>jyuminhyo</i>), family register (<i>koseki tohon</i>, <i>koseki syohon</i>), certificate of seal (<i>inkan</i>) registration)  <p>The services we handle are different from normal days. For details, please call or visit the city's official website.</p>
Tax & Premium Collection Division (<i>Shuno-ka</i>) ☎ 0544-22-1129	<ul style="list-style-type: none"> Payment of city taxes, etc. and Consultation on payment Issuance of tax certificates <p>※Appointment is required in advance for tax consultation. ※Tax exemption certificates, etc. that require a declaration cannot be issued</p>