# **Fujinomiya Bulletin** December 2023



# Be Aware of Bears



# Bears are coming out all over the country

Mt. Fuji, Mt. Tenshigatake and Mt. Kenashi-yama are habitats of black bears. Even in residential areas of the city, bears have been spotted.

If you see one, please let us know immediately.

## In the case you encounter a bear

- No shouting
- No eye contact
- Never approach
- Don't show your back and back away quietly



## To keep bears away and avoid getting close to them

- Don't leave food waste outside.
- Make a sound with something.
- Cut down fruit trees which are not harvested.
- Check bear sighting information on the city's official website

<mark>HP</mark> トップページ>市民の皆さんへ>住まい・ ペット・動物>動物



# Business Days during the Year-end and New Year's Holidays

#### Inquiry Public Information Division (Koho-ka)

🕿 0544-22-1119 FAX 0544-22-1206

Date				Decemb	per, 2023		January, 2024					
			26	27	28	29	30	31	1	2	3	4
Nam	e of the facilities		Tue)	(Wed)	(Thu)	(Fri)	(Sat)	(Sun)	(Mon, Holiday)	— (Tue)	(Wed)	· (Thu)
City	City Hall, Branch Offices			As usual				Cl	ose		_	As usual
Garl	bage Collection in the City		Ası	isual	Comb	ustible garba	ge only		Cl	ose		As usual
	Garbage Collection	Household Waste	As usual			8:30-12:00		Cl	ose		As usual	
	at the Cleaning Center	Industrial Waste	As usual		Licensed Co	Licensed Contractors only Close				As usual		
Pum	nping human waste		As ι	isual				Cl	ose			-
Crer	matorium "SEIEN"		Ası	isual	Close		As usual		Close	As usual	Close	As usual
Fujir	nomiya City General Hospit	al <outpatient></outpatient>		As usual				Cl	ose	-	-	As usual
Heal	Ith Center (Hoken Center)			As usual				Cl	ose			As usual
	t–aid medical Treatment Ce ukyu Iryo Center)	enter *1	19:00-8:	*2 00 on the follo	wing day		dicine, Pediatri ment 9:00~17			he following	day	*2 19:00~8:00 on the following day
Gen	eral Welfare Center (Sogo	Fukushi Kaikan)		As usual				Cl	ose			As usual
Fam	ily Support Center			As usual				Cl	ose			As usual
Reh	abilitation Support Center	"KOARA"		As usual				Cl	ose			As usual
Chile	dren's Center "RAKKO"			As usual				Cl	ose			As usual
Con	nmunity Center ( <i>Kominkan)</i>			As usual		Close			As usual			
Con	nmunity Lerning Center			As usual		Close			As usual			
Fujir	nomiya Ekimae Koryu Cent	er "KIRARA"	As usual		Close			As usual				
Ofuj	i Koryu Center		As usual		Close			As usual				
Tom	nioka Koryu Center		As usual		Close			As usual				
Buri	ied Cultual Property Center	r	As usual		Close			As usual				
Gen	der Equality Center		As usual		Close			As usual				
You	th Counselling Center			As usual		Close				As usual		
Chu	o/Nishifuji/Shibakawa Libra	ary	*3	As usual				CI	ose			As usual
Civio	c Cultural Hall		As usual	~17:00				Cl	ose			
	Civic Gymnasium		As u	isual				Cl	ose			
	Shibakawa B & G Marine C	Center	As u	isual		Close						
s	Civic Swimming Pool		As u	isual		Close						
ilitie	Togami Sports Square			As usual		Close				As usual		
Facilities	Civic Tennis Courts			As usual		Close			As usual			
Sports	Yamamiya Fujizakura Ball	Game Field		As usual		Close			As usual			
Spc	Prefectural Softball Field		As usual			Close			As usual			
	Kamiide Sports Square		As usual		Close			As usual				
	Monomiyama Sports Squa	ire	As usual		Close			As usual				
Shibakawa Sports Square			As usual				Cl	ose			As usual	
Fujisan Anmo no Yu		As usual			C	lose				As usual		
Shininakogawa Onsen "YUTORIO"		As u	Isual					ose				
	Fujisan Kankyo Koryu Plaza		Close As usual		Close				As usual			
	Shiraito Nature Park		As usual			Close				As usual		
Bus	Central Loop Bus			As usual		Close				As usual		
Miya I	Southeastern/Northern Lo		As usual		Close				As usual			
	Shibatomi/Inako/Koyodai/H	Hiekubo Line	As usual			Close				As usual		
Miya	a Taku (taxi)			As usual				Cl	ose			As usual

\*1: Please see pages 13-14 for emergency doctors in ophthalmology and obstetrics / gynecology.

\*2: Internal medicine, pediatrics and surgery only

\*3: Open only at Chuo and Nishi-Fuji Library

# Information on Pregnancy, Children, Childcare

#### If your child get sick suddenly

Inquiry Shizuoka Child Emergency Telephone Consultation *(Shizuoka kodomo kyukyu denwa sodan)* ☎#8000 or 054-247-9910

Time Weekdays 18:00~following 8:00 Saturdays 13:00~following 8:00 Sundays, holidays 8:00~following 8:00

In case of emergency, do not hesitate to call 2119

#### If you thought it might be abuse

Inquiry Child Guidance Center *(Jido sodan jo)* 

Nationwide Common Dial : **2189** (\*Your call will be connected to your nearby Child Guidance Center.) Time 24 hours

Inquiry Home and Child Counseling Section, Child Future Division *(kodomo mirai-ka, katei jido sodan-kakari)* **20544-22-1230** 

Time Weekdays 8:30~17:15

#### Counseling for children with worries

If you have any worries about bullying, truancy, attitude toward life, employment, etc., please consult with us.

Inquiry Youth Counseling Center *(Seishonen sodan center)*: 20544-22-0064 Bullying Hotline (Ijime 110): 20544-22-1252 E-mail Counseling : e-sodan@city.fujinomiya.lg.jp

Time Weekdays 9:00 $\sim$ 16:30 (Until 20:00 on the 2nd and 4th Wednesday of each month)

# The number of population and households (As of November 1<sup>st</sup>, 2023)

	Male	Female	Total	Household
Population	63,751	64,585	128,336	58,845
Month to month basis	(-17)	(-8)	(-25)	(+95)



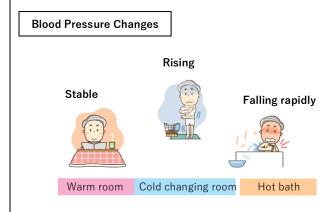


# Information on Seniors, Health, Medical Care, Nursing Care, and Disabilities

#### Notice Be careful of heat shock!

Heat shock is when a sudden change in temperature causes blood pressure to rise or fall, and results in illnesses such as myocardial infarction, cerebral hemorrhage, or cerebral infarction.

It is said that as many as 19,000 people die every year while taking a bath nationwide. It is more likely to occur when there is a temperature difference of 10°C or more between a room with heating and not heating, and is more common in the elderly and people with chronic diseases such as high blood pressure and diabetes.



#### Be careful with these things!

- Try to not make temperature differences between rooms, for example, warming the changing room before taking a bath.
- Do not take a bath immediately after drinking or eating.
- Set the temperature of the water in the bath to 41°C or lower.
- Do not spend more than 10 minutes in the bathtub.
- Stand up slowly when getting out of the bathtub.

Inquiry Health Promotion Division (*Kenko Zoshin-ka*) 🕿0544-22-2727

#### Notice Medical care subsidies and allowances for persons with disabilities

#### Medical care subsidies

#### Persons with physical disabilities

If you see a doctor at a designated medical institution, you can receive medical care with a 10% copayment.

#### 18 years old or over

Eligibility Those who have the Physical Disability Certificate *(shintai shougaisha techo)* 

#### Under 18 years old

Eligibility Those who meet the following conditions ① or ② and who are expected to receive effective treatments.

①Those who have the Physical Disability Certificate *(shintai shougaisha techo)* 

(2) Those who have a disease which if they do not receive any medical care, they are expected to have the same level of disability as ① in the future.

#### Persons with mental disabilities

#### Independence support medical care

If you see a doctor at a designated medical institution, you can receive medical care with a 10% copayment.

Eligibility Those who have a mental illness and need continuous outpatient medical care.

#### Subsidies for hospitalization expenses

Half of the co-payment for medical expenses can be subsidized.

Eligibility Those who have a family member has been hospitalized for more than 3 months due to mental illness and need further continuous hospitalization, etc.

Application At the counter of the Disability Rehabilitation Support Division, 1st floor of City Hall

Others A hospitalization certificate is required for application.







#### Notice Old-age Basic Pension (rorei kiso nenkin)

Those who have been enrolled in public pensions (National Pension, Employees' Pension, etc.) can receive the Old-age Basic Pension from 65 years old.

3 months before you turn 65, Japan Pension Service will mail you a pension request form so please complete the process.

However, those who are receiving "Old-age Employees' Pension *(rorei kosei nenkin)*" as a special allowance will be mailed in the month of their 65th birthday.

#### The conditions are as follows:

1 to 5 must have a total of at least 10 years of eligibility.

①Period during which National Pension premiums were paid

- ②Period during which you were exempted from paying National Pension premiums, received a special exception for students, or received a postponement of payment.
- ③Period during which you were a Category 3 insured person (dependent spouse of a company employee, etc.) (after April 1986)
- ④Period during which you were a member of an employees' pension or mutual aid association
- ⑤Combined eligibility period (the period that can be included as part of the eligibility period even if you are not a member of the pension system).

#### If you don't have enough eligibility period...

Under the voluntary enrollment system, you can enroll in the National Pension System until 65 years old (up to 70 years old for those born before April 1, 1965).

You can check your eligibility period on the website "Nenkin Net" or in the regular newsletters "Nenkin Teiki-bin" mailed by the Japan Pension Service.

#### Inquiry

Nenkin Daial (Pension Daial) 🕿 0570-05-1165

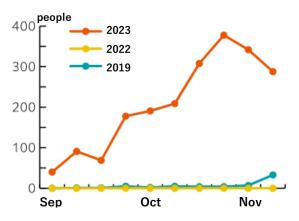
\* If you make a call from a phone that begins with 050, please dial 🕿 03-6700-1165

Fuji Pension Office (Fuji nenkin jimusho) 🕿 0545-61-1900

# Preparing for an outbreak of New Coronavirus and Influenza at the same time

During the year-end and New Year's holidays, there are more opportunities to go out and have dinners, which will be increased the risk of infection. In order to reduce the spread of infection, it is important for each of us to continue to take basic infection control measures.

#### Influenza infection is spreading earlier than usual



Changes in the number of people infected with influenza in the jurisdiction of Fuji

#### Prepare for infection!

If the new coronavirus and influenza infections spread at the same time and medical facilities are overwhelmed, it is difficult to see a doctor even if you have symptoms such as a fever. Please prepare test kits and medicines in case of infections.

If you would like to see a doctor, please consult your family doctor. If you don't have a family doctor, please consult us.

#### **Consider getting vaccinated**

Vaccinations against the new coronavirus and influenza have been shown to reduce the risk of severe disease and death.

It will be free of charge to get the vaccines against new coronavirus until the end of March (plan). If you wish to be vaccinated, please consider it early.

#### Inquiry

■New Coronavirus Consultation Desk Weekdays 8:30-17:15 ☎ 0544-22-1250

■ Shizuoka Prefecture Consultation Center for Fever, etc. Available 24hours a day ☎ 050-5371-0561

HP トップページ>市民の皆さんへ>健康・福祉>新型コロナウィルス感染症>新型コロナとインフルエンザの同時流 行に備えましょう



# Information on Events, Applications, Notices, National Insurance, Pensions, Subsidies, Aids, Businesses

Recruitment	<fair> To all foreign people, Let's learn Japanese together from January!</fair>	
<mark>Period</mark> Every T	uesday from January 9 to March 12	に はんご べんきょう 日本語を勉強できます。
Time 19:00-20:	30	222 A 22 A 2
<mark>Place</mark> Exchang		
Number of app	<mark>plicants</mark> 10 foreign people	
<mark>Fee</mark> 3,000 yen		
Application	ease come to the " <i>Ekimae Koryu Center KIRARA</i> ".	
Contact numb	er Fujinomiya Association for International Relations <b>"FAIR"</b>	☎0544-22-8111

#### **Recruitment** <FAIR> Language Courses starting in January 2024

Cou	rse / Level	Period	Day of the Week	Time	
	Elementary	Jan 17- Mar 20	Every Wednesday	19:00-20:30	
English	Pre-Intermediate	Jan 12- Mar 15	Every Friday	13:30-15:00	
	Intermediate	Jan 16- Mar 19	Every Tuesday	19:00-20:30	
Korean	Beginner	Jan 12- Mar 15	Every Friday	19:00-20:30	
Korean	Intermediate	Jan 11- Mar 14	Every Thursday	19:00-20:30	

Beginner/Elementary: Enjoy basic conversation.

Pre-Intermediate: Enjoy communication.

Intermediate: Enjoy discussion.

Place Exchange Center "*Ekimae Koryu Center KIRARA*"

Eligibility High school students and above age

Number of applicants 15 people for each course (If there are many applicants, a lottery will be held.)

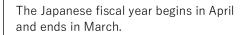
<mark>Fee</mark> 10,000 yen (textbook fee is not included for the Korean course), FAIR member registration is required. (Annual membership fee: 2,000 yen)

#### Application From December 10 (Sun) to 16 (Sat)

Please send us a round-trip postcard or e-mail\* with your ①address, ②name, ③ date of birth, ④phone number, ⑤course name you wish to take, ⑥membership or non-membership of FAIR, or come to the FAIR's office. (\*Please write the course name you wish to take in the subject of the e-mail.)

<mark>Inquiry</mark> Fujinomiya Association for International Relations **"FAIR"** *(Fujinomiya Kokusai Koryu Kyokai)* 

☎0544-22-8111 Adress: 5-7 Chuo-cho, Fujinomiya Zip Code 418-0065 E-mail: info@fair-fujinomiya.com



Example: FY2023 (from April 2023 to March 2024) FY2024 (from April 2024 to March 2025)





# Schedule from December 1<sup>st</sup> to January 10<sup>th</sup>

# First-aid medical Treatment Center *(Kyukyu Iryo Center)* © 544-24-9999 / Fax: 0544-24-9995 / Address: 12-1 Miyahara, Fujinomiya, Zip Code 418-0005



Medical treatment subject	Day	Time
Internel medicine ( <i>Meike</i> )	Weekdays	19:00-8:00 on the next day
Internal medicine ( <i>Naika</i> ),	Saturdays	14:00-8:00 on the next day
Pediatrics ( <i>Shonika</i> ),	Sundays, Public holidays,	9.00 9.00 on the payt day
Surgery ( <i>Geka</i> )	Year-end and New year holidays	8:00-8:00 on the next day
	Sundays, Public holidays,	9:00-17:00
Dentistry ( <i>Shika</i> )	Year-end and New year holidays	*Reception: until 16:30

\*If your condition is severe, dial **119** for ambulance. Make sure to bring your **health insurance card** with you.

#### Emergency ophthalmological clinics *(Ganka)* Open: 9:00-17:00

\*Please make sure to contact the clinics beforehand as they may change.

Date	Clinics name/ Address	Tel
December 3	Komori Ganka Clinic/ Denbo Fuji city	0545-21-0333
December 10	Nakajima Ganka/ Iriyamase Fuji city	0545-72-0011
December 17	Unno Ganka lin/ Matsuoka Fuji city	0545-30-6260
December 24	Saito Ganka lin/ Nishikoizumi-cho	0544-28-5615
December 29	Ashikawa Hospital/ Chuo-cho Fuji city	0545-52-2480
December 30	Sugiura Ganka/ Kawanarishinmachi Fuji city	0545-65-8500
December 31	Nakanishi Ganka Clinic/ Nakano Fuji city	0545-36-1800
January 1	Hanazaki Ganka lin/ Aoba-cho Fuji city	0545-66-0100
January 2	Fujinomiya Goto Ganka/ Nishimachi	0544-21-3100
January 3	Kato lin Yoshiwara-bunin/ Chuo-cho Fuji city	0545-57-3000
January 7	Toda Ganka lin/ Miyahara	0544-21-9666
January 8	Watanabe Clinic/ Harada Fuji city	0545-22-1500

#### Emergency obstetrics and gynecology clinics (Sanfujinka) Open: 9:00-24:00

\*Please make sure to contact the clinics beforehand as they may change.

Date	Clinics name/ Address	Tel
December 3	Fujinomiya City General Hospital/ Nishiki-cho	0544-27-3151
December 10	Otabe Sanfujinka lin/ Hibarigaoka	0544-23-1182
December 17	Bando Ladies Clinic/ Sugita	0544-28-5800
December 24	Tenjin Sanfujinka lin/ Wakanomiya-cho	0544-24-1322

December 31	Otabe Sanfujinka lin/ Hibarigaoka	0544-23-1182
January 7	Fujinomiya City General Hospital/ Nishiki-cho	0544-27-3151

#### Blood Donation

Date	Clinics name/ Address	Time
December 5	City Hall, northern parking lot/ Yumizawa-cho	9:30–11:15
December 9	AEON Mall Fujinomiya/ Asama-cho	9:30-16:00*
December 24	AEON Mall Fujinomiya/ Asama-cho	9:30-16:00*
December 30	AEON Mall Fujinomiya/ Asama-cho	9:30-16:00*

\* Not implemented from 12:00-13:15.

Inquiry Welfare Planning Division (Fukushi Kikaku-Ka) 🕿 0544-22-1457

#### Due dates for tax or other payments

Date	Taxes to be payed
	Natinal Health Insurance Tax (5th term)
December 4	Long Term Care Insurance Premium (5th term)
December 28	Water charges, Sewerage charges (for November usage)
	Property tax / City planning tax (3rd term)
	Natinal Health Insurance Tax (6th term)
L	Medical Insurance Premium for the elderly (5th term)
January 4	Long Term Care Insurance Premium (6th term)
	Child care fee (for December usage)
	Municipal housing fee • Parking fee (for December usage)

#### Counseling and Consultation \*Not implemented on public holidays. Place: Citizen counselling room, 1<sup>st</sup> floor, City Hall

Consultation	Date & Time
① General counseling (Ippan sodan)	Monday-Friday, 8:30-17:00
② Counseling for non-Japanese residents (Gaikokujin sodan)	(*Reception: until 16:30)
③ Counseling on consumer affairs <i>(Shohi seikatsu sodan)</i>	Monday-Friday 9:00-16:00
<ul> <li>④ Attorney (Bengoshi sodan)</li> <li>*Appointment is required (by 12:00 the day before the consulting day, seats are limited to the first 7 people)</li> </ul>	December 6, 13, 20, 27 (13:30- until the end of the consultation)
<ul> <li>Judicial scrivener (Shihosyoshi sodan)</li> <li>*Appointment is required</li> </ul>	December 8 13:00-16:00
6 Licensed tax accountant (Zeirishi zeimu sodan)	December 5, 19 13:00-15:00

*Appointment is required		
⑦ Administrative scrivener (Gyosei syoshi sodan)	December 15 13:30-16:30	
⑧ General administrative counseling (Gyosei sodan)	December 14 10:00-15:00	
(9) Consultation on the human rights (Jinken sodan)	December 19 13:00-16:00	
1 Consultation on side jobs (Naisyoku assen)	Mondays and Thursdays 9:00-16:00	
① Patent attorney <i>(Benrishi sodan)</i> *Appointment is required.	December 22 15:00-17:00	
<ul> <li>Business start-up consultation (Sogyo sodan)</li> <li>*Appointment is required.</li> </ul>	December 26 10:00-15:00	

<mark>Inquiry</mark>	1,3-9 Community Service Division <i>(Shimin Seikatsu-ka)</i> 2 Citizen Exchange Division <i>(Shimin Koryu-ka)</i> 10-12 Commerce and Industry Division <i>(Syoko Shinko-ka)</i>	☎ 0544-22-1196 ☎ 0544-22-1246 ☎ 0544-22-1295
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#### Place: Meeting Room 510, 5th Floor, City Hall

Consultation	Date & Time
Real estate transaction agent (Takuchi tatemono torihikishi sodan)	December 12, January 9 13:00-15:00

Inquiry Construction and Housing Division (Kenchiku Jyutaku-ka) 🕿 0544-22-1163

#### Place: Meeting Room 721, 7th Floor, City Hall

Consultation	Date & Time
Pension consultation <i>(Nenkin sodan)</i> *Appointment is required.	December 27 10:00-15:00

Inquiry Fuji Pension Office in Fuji city *(Fuji Nenkin Jimusho)* 🕿 0545-61-1900



#### **City Hall Open Days on Holidays:** We open on the first Sunday of each month.

### December 3 (Sun)

# January 7 (Sun) % Tax & Premium Collection Division only 8:30-17:00

Division & Phone number	Services
Citizen Registration	• Submission for Family Register <i>(koseki)</i> (birth, marriage, death,
Division	etc.)
(Shimin-ka)	• Submission of change of residence (moving into the city, moving
🕿 0544-22-1134 〈Certification〉	out of the city, moving within the city, etc.)
🕿 0544-22-1135 〈Family Register and	• Application for seal <i>(inkan)</i> registration and abolition
Address	• Issuance of various certificates (certificate of residence ( <i>jyuminhyo</i> ),
	Family Register <i>(koseki tohon, koseki syohon)</i> , certificate of
	seal <i>(inkan)</i> registration)

	Receiving passports
	<ul> <li>※After 17:00, Submission for Family Register <i>(koseki)</i> are kept at the duty room on the 1st floor of City Hall.</li> <li>※Cross-issuance with Fuji City is available from 9:00 to 16:00.</li> <li>※Application for a passport is not available.</li> </ul>
Insurance and Pension Division ( <i>Hoken Nenkin-ka</i> ) <b>2</b> 0544-22-1138	Qualification and disqualification for National Health Insurance
Child Future Division <i>(Kodomo Mirai-ka)</i> <b>11</b> 0544-22-1146	Application for Child Allowance and Child Medical Expense Beneficiary Certificate
Tax & Premium Collection Division <i>(Shuno-ka)</i> & 0544-22-1129 〈Payment〉	<ul> <li>Payment of city taxes, etc. and Consultation on payment</li> <li>Issuance of tax certificates</li> </ul>
☎ 0544-22-1128 〈Certification〉	<ul><li>※Appointment is required in advance for tax consultation.</li><li>※Tax exemption certificates, etc. that require a declaration cannot be issued</li></ul>

## After-hours service: Every Wednesday until 19:00pm

\*No services if a public holiday falls on a Wednesday.

Division & Phone number	Services
Citizen Registration	• Application for seal <i>(inkan)</i> registration and abolition
Division	• Issuance of various certificates (certificate of residence <i>(jyuminhyo)</i> ,
(Shimin-ka)	family register (koseki tohon, koseki syohon), certificate of
<b>2</b> 0544-22-1134	seal <i>(inkan)</i> registration)
	Cross-issuance with Fuji City and submission of change of residence are not available.
	※Submission for Family Register <i>(koseki)</i> are kept at the duty room on
	the 1st floor of City Hall.
	XThese services are not available at branch offices, community centers,
	Tomioka Exchange Center and Ofuji Exchange Center.
	Deument of city toyog, atc. and Consultation on novement
Tax & Premium Collection Division	Payment of city taxes, etc. and Consultation on payment
(Shuno-ka)	Issuance of tax certificates
<b>8</b> 0544-22-1129	
	XAppointment is required in advance for tax consultation.
	*Tax exemption certificates, etc. that require a declaration cannot be
	issued