# Fujinomiya Bulletin May 2023



Time

# Information on Pregnancy, Children, Childcare

# If your child get sick suddenly

Inquiry Shizuoka Child Emergency Telephone Consultation (*Shizuoka kodomo kyukyu denwa sodan*)

☎#8000 or 054-247-9910

Weekdays 18:00~following 8:00

Saturdays 13:00~following 8:00

Sundays, holidays 8:00~following 8:00

In case of emergency, do not hesitate to call 2119



# If you thought it might be abuse

Inquiry Child Guidance Center (*Jido sodan jo*)

Nationwide Common Dial : **189** (\*Your call will be connected to your nearby Child Guidance Center.)

Time 24 hours

Time

Inquiry Home and Child Counseling Section, Child Future Division (*kodomo mirai-ka, katei jido sodan-kakari*)

**☎**0544-22-1230

Time Weekdays 8:30~17:15

# Counseling for children with worries

If you have any worries about bullying, truancy, attitude toward life, employment, etc., please consult with us.

Inquiry Youth Counseling Center (Seishonen sodan center): **60544-22-0064** 

Bullying Hotline (*Ijime* 110): **@0544-22-1252** 

E-mail Counseling : 🗠 e-sodan@city.fujinomiya.lg.jp

Weekdays 9:00~16:30 (Until 20:00 on the 2nd and 4th Wednesdays)





# The number of population and households (As of April 1st, 2023)

	Male	Female	Total	Household
Population	63,956	64,750	128,706	58,410
Month to month basis	(-102)	(-210)	(-312)	(+135)

# Information on Seniors, Health, Medical Care, Nursing Care, and Disabilities

### **Notice**

# < FY2023 > Group Medical Checkups

Appointments for group medical checkups will be accepted. Those who had a group medical checkup in FY2022 will be sent the application postcard.

Please contact us if you have not had a group medical checkup in 2022 or if you will have one for the first time.

Contents Eligible persons		Co-payments	
		(including tax)	
Specific health checkup	Born before March 31, 1984 and enrolled in the		
(measurement, blood pressure,	National Health Insurance / Medical Insurance for the	500yen	
blood test, urine test, EKG,	elderly		
consultation)	cidenty		
Gastric cancer screening		1,540yen	
(barium test)		1,540yen	
Colorectal cancer screening	Born before April 1, 1989		
(immunologic fecal occult blood		410yen	
tests)			
Prostate cancer screening	Born before April 1, 1974	410yen	
(blood test)	Both before April 1, 1974	410yen	
Hepatitis virus screening	Born between April 2, 1953 and April 1984 and have	410yen	
(blood test)	not had the screening before	410yen	
Breast cancer screening	Women born before April 1, 1984, who have not had		
(mammography)	the previous year's screening.	1,020yen	

Application Mail the application postcard or visit the city's official website from 9:00 a.m. on May 16 (Tue).

Inquiry Health Promotion Division (*Kenko Zoshin-ka*) 🕿0544-22-2727

HP トップページ>市民の皆さんへ>健康・福祉>健康・医療>検診



### **Notice Group Gynecological Checkups (Breast Cancer / Cervical Cancer)**

Cervical cancer is the most common cancer that develops in women, and is the leading causes of death. It is increasing among those in their 20s to 40s. It is important to detect it before symptoms appear and to treat it early.

In group gynecological checkups, cervical and breast cancer screenings can be done on the same day. You can have a cervical cancer screening only. If you wish to have a breast cancer screening only, please contact us.

### <Those who wish to have both screenings>

Eligibility Citizens 40 years old and over, and women who have not had breast and cervical cancer screening in FY2022.

Capacity 60 persons per day (first-come-first-served basis)

**Fee** 2,040 yen

Others The following persons are not eligible to apply.

□ Pregnant

- ☐Breastfeeding, Less than 1 year after weaning, Less than 2 years after postpartum
- ☐ Undergoing treatment for breast disease
- ☐ Wearing a pacemaker
- ☐ Had breast augmentation surgery
- ☐ Has a shunt, port, or other tube in the upper body

### <Those who wish to have a cervical cancer screening only>

Eligibility Citizens 20 years old and over, and women who have not had cervical cancer screening in FY2022.

Capacity 25 persons per day (first-come-first-served basis)

Fee 1,020 yen

- Others · If you have an artificial joint that restrict opening and closing, please consult with your doctor before applying.
  - · If you are on your menstrual period, you may not be able to have a screening. Please avoid around the time of your menstrual period.

### <Common Information>

Time June 23 (Fri), July 7 (Fri), 26 (Wed), August 29 (Tue), September 4 (Mon), 20 (Wed), October 3 (Tue), 26(Thu), November 10 (Fri), 20 (Mon)

Place Health Center (Hoken Center)/ Shibakawa Hall (Shibakawa Kaikan)\*October 3 (Tue) only

Application From May 25 (Thu), By phone or on the city's official website

Inquiry Health Promotion Division (Kenko Zoshin-ka) **6**0544-22-2727

HP トップページ>市民の皆さんへ>健康・福祉>健康・医療>乳がん検診・子宮頸がん検診のお知らせ



# In order to detect breast cancer at an early stage, let's check your breasts on a daily basis.

- Look at and touch your own breasts to grasp the normal condition of your breasts.
- Check for any differences from the normal breast, such as lumps, changes in shape, or discharge.
- ■If you notice any differences from the usual, consult your family doctor immediately.
- ■Undergo a breast cancer screening every two years.



**Notice** 

National Health Insurance
Medical Checkups for those under 40 years old

To prevent lifestyle diseases, it is important to have medical checkups regularly.

Period From May 8 (Mon) to December 31 (Sun)\*

\*Until the last implementation date of each medical institution

Place Designated medical institutions (can be found on the city's official website)

**Eligibility** Those who were born on or after April 1, 1984, are enrolled in the National Health Insurance system and have paid their National Health Insurance tax in full. (However, excluding those who have received subsidies for medical examinations (ningen dokku) or brain examinations (no dokku).)

<mark>Fee</mark> 500 yen

Application After making an appointment at a designated medical institution, bring your insurance card to the Insurance and Pension Division counter of City Hall.

Others The results of the medical checkup will be explained at the Insurance and Pension Division.

Inquiry Insurance and Pension Division (*Hoken nenkin-ka*) 🛭 🕏 0544-22-1138

HP トップページ>市民の皆さんへ>税・保険・年金>保険>人間ドック・脳ドック・40 歳未満健診助成のご案内



# Information on Events, Applications, Notices, National Insurance, Pensions, Subsidies, Aids, Businesses

# Notice Assistance for "MAINA POINTS" application

To receive "MAINA POINTS", you must apply by September 30 (Sat).

If you don't have a computer or smartphone, or if you are not familiar with their operation, we can assist you in applying.

Time Daily 8:30-16:45 (Until 18:45 on Wednesdays only, excluding May 3 (Wed) - May 7 (Sun))

Place West side of Citizen Registration Division (Shimin-ka), 1st floor of City Hall

Eligibility Those who have applied for "My Number Card" by February 28, 2023 and have not yet applied for "MAINA POINTS".

Application No appointment required, please come to the venue directly.

# What to bring

- "My Number Card"
- 4-digit PIN number of "My Number Card"
- ID of cashless payment service
- Something that shows your bank account (bank book, etc.)

Inquiry Digital Promotion Division (Dejitaru Suishin-ka) 🕿 0544-22-1116

<mark>HP</mark> トップページ>市民の皆さんへ>登録・証明>マイナンバー>マイナポイント申し込み手順



## Notice Replacement of Water Meter

Water meters that have been installed over 7 years will be replaced free of charge.

A designated water supply equipment installation contractor commissioned by the city will visit in June. Do not place any objects around the meter box.

Areas Aoki, Agoyama, Umamizuka, Kamijo, Shimojo, Shojingawa, Togami, Togami higashi-cho, Nakaharacho, Hoshiyama, Miyahara, Yamamoto

Inquiry Water Works Division (*Suido gyomu-ka*) ☎0544-22-1158

# **COVID-19 related information**

Inquiry Health Promotion Division (Kenko Zoshin-ka)

# **Vaccinations**

### ■Spring Start Vaccination

Those who have completed the  $2^{nd},\,3^{rd},\,4^{th}$  or  $5^{th}$  vaccination, and 3 months have passed since the last vaccination can be vaccinated.

Eligible Persons	65 years <sup>-</sup> old and over	5 to 64 years old - with underlying medical conditions - at high risk for serious disease - medical institutions, eldery and disabled facility workers	
Period	From May 15 (Mon) to the end of August		
Shipping of Vaccination Tickets	From the end of April	Application Please call or visit the Health Promotion Division.	
:	[Mass Vaccination] Period From May 15 (Mon) to the end of June  Place Former "Tokyo Denryoku" building (Add: 8-15 Nishiki-cho), Health Center (Add: 12-1 Miyahara)		
	[Individual Vaccination] Period From May 15 (Mon) to the end of August Place 38 medical institutions in the city		

If you have high blood pressure, diabetes, obesity, or respiratory, heart, or kidney disease, please consult your family doctor.

### ■Autumn Start Vaccination

It is scheduled from September to March 2024.

Those who are 5 years old and over, and not eligible for the "Spring Start Vaccination" can only receive the "Autumn Start Vaccination".

### ■The Latest Information

The latest information will be posted on the city's official website.

# If you have not received a vaccination against the Omicron strain

Until the end of August, vaccinations are available at medical institutions in the city.

Eligibility Those who are between 5 and 11 years old and meet all of the following conditions

- The 2<sup>nd</sup> or 3<sup>rd</sup> vaccination have been received.
- 3 months have passed since the last vaccination.

If you have not received any vaccination
Until the end of March 2024, vaccinations
are available at medical institutions in the city.

- 6 months to 4 years old; 3 vaccinations
- 5 years old and over; 2 vaccinations

# Changes due to downgrade to Category 5

Starting from May 8 (Mon), when COVID-19 will be downgraded from Category 2 to Category 5 under the Infectious Disease Control Law, co-payments at medical institutions and how to spend your time when you are infected will be changed.

### When you see a doctor or are hospitalized

Amount of co-payment will be changed.

		Co-payment	
		Until May 7	From May 8
	Consultation fee for the first visit	Requ	uired
Outpatient	Examination fees, prescription fees, medication fees such as fever reducers, analgesics, etc.	Not Required	Required
	Medication fees for COVID-19	Not Re	equired
npațient	Hospitalization expenses	Not Required	Required
Inpa	Medication fees for COVID-19	Not Re	quired

### Outing

Please stay home as much as possible for the first 5 days following the day on which symptoms appear. For 10 days, because of the risk of infecting others, please wear a face mask and avoid contact with the elderly and people at high risk of serious diseases, etc.

### Support

There will be no health observation, food support, or recuperation support at the accommodation facility by the public health center.

### If you want to see a doctor at a medical institution

Please consult your family doctor first. If you do not have a family doctor, contact the consultation services.

### 

(Excluding Saturdays, Sundays, holidays)

Place Welfare Planning Division (Fukushi kikaku-ka),

1st floor of City Hall

■Shizuoka Prefecture
Consultation Center for Fever, etc.

☎ 050-5371-0561 (24hours)



# Schedule from May 1st to June 10th

# First-aid medical Treatment Center (Kyukyu Iryo Center)

☎0544-24-9999 / Fax: 0544-24-9995 / Address: 12-1 Miyahara, Fujinomiya, Zip Code 418-0005



Medical treatment subject	Day	Time	
	Weekdays	19:00-8:00 on the next day	
Internal medicine ( <i>Naika</i> ),	Saturdays	14:00-8:00 on the next day	
Pediatrics ( <i>Shonika</i> ), Surgery ( <i>Geka</i> )	Sundays, Public holidays,	8:00-8:00 on the next day	
	Year-end and New year holidays		
Dentistry ( <i>Shika</i> )	Sundays, Public holidays,	9:00-17:00	
Dentistry (Shika)	Year-end and New year holidays	3.00-17.00	

<sup>\*</sup>If your condition is severe, dial **119** for ambulance. Make sure to bring your **health insurance card** with you.

# Emergency ophthalmological clinics (*Ganka*) Open: 9:00-17:00

\*Please make sure to contact the clinics beforehand as they may change.

Date	Clinics name/ Address	Tel
May 3	Unno Ganka lin/ Matsuoka Fuji city	0545-30-6260
May 4	Saito Ganka lin/ Nishikoizumi-cho	0544-28-5615
May 5	Toda Ganka lin/ Miyahara	0544-21-9666
May 7	Watanabe Clinic/ Harada Fuji city	0545-22-1500
May 14	Unno Ganka lin/ Matsuoka Fuji city	0545-30-6260
May 21	Saito Ganka lin/ Nishikoizumi-cho	0544-28-5615
May 28	Toda Ganka lin/ Miyahara	0544-21-9666
June 4	Watanabe Clinic/ Harada Fuji city	0545-22-1500

# Emergency obstetrics and gynecology clinics (*Sanfujinka*) Open: 9:00-24:00

\*Please make sure to contact the clinics beforehand as they may change.

Date	Clinics name/ Address	Tel
May 7	Fujinomiya City General Hospital/ Nishiki-cho	0544-27-3151
May 14	Tenjin Sanfujinka lin/ Wakanomiya-cho	0544-24-1322
May 21	Bando Ladies Clinic/ Sugita	0544-28-5800
May 28	Otabe Sanfujinka lin/ Hibarigaoka	0544-23-1182
June 4	Fujinomiya City General Hospital/ Nishiki-cho	0544-27-3151

# ■ Blood Donation

Date	Clinics name/ Address	Time
May 3	AEON Mall Fujinomiya/ Asama-cho	9:30-16:00*
May 6	AEON Mall Fujinomiya/ Asama-cho	9:30-16:00*
May 13	AEON Mall Fujinomiya/ Asama-cho	9:30-16:00*
May 21	AEON Mall Fujinomiya/ Asama-cho	9:30–16:00*

<sup>\*</sup> Not implemented from 12:00-13:15.

Inquiry Welfare Planning Division (*Fukushi Kikaku-Ka*) 🛭 🕿 0544-22-1457

Due dates for tax or other payments

Date	Taxes to be payed	
NA 1	Child care fee (for April usage)	
May 1  Municipal housing fee • Parking fee (for April usage)		
May 8	Property tax / City planning tax (1st term)	
May 29	Water charges, Sewerage charges (for April usage)	
	Child care fee (for May usage)	
May 31	Municipal housing fee · Parking fee (for May usage)	
June 5	KEI JIDOSHA* tax (full term) *Small Cars of Japanese Stantard	

# ■ Counseling and Consultation \*Not implemented on public holidays.

Place: Citizen counselling room, 1st floor, City Hall

Consultation	Date & Time
<ol> <li>General counseling (Ippan sodan)</li> <li>Counseling for non-Japanese residents (Gaikokujin sodan)</li> <li>*Please make sure beforehand if a counselor on the day is available.</li> </ol>	Monday-Friday, 8:30-17:00 (The reception is open until 16:30.)
③ Counseling on consumer affairs (Shohi seikatsu sodan)	Monday-Friday 9:00-16:00
<ul> <li>4 Attorney (Bengoshi sodan)</li> <li>*Appointment is required (by 12:00 the day before the consulting day, seats are limited to the first 7 people)</li> </ul>	May 10, 17, 24, 31 (13:30- until the end of the consultation)
⑤ Judicial scrivener (Shihosyoshi sodan)	May 12 13:00-16:00
<ul><li>⑥ Licensed tax accountant (Zeirishi zeimu sodan)</li><li>*Appointment is required</li></ul>	May 2, 16 13:00-15:00
① Administrative scrivener (Gyosei syoshi sodan)	Not implemented for this month
General administrative counseling (Gyosei sodan)	May 11 10:00-15:00
Consultation on the human rights (Jinken sodan)	May 16 13:00-16:00

(10) Consultation on side jobs (Naisyoku assen)	Mondays and Thursdays 9:00-16:00  * Excluding public holidays
① Patent attorney (Benrishi sodan) *Appointment is required.	May 25 15:00-17:00
Business start-up consultation (Sogyo sodan)     *Appointment is required.	May 23 10:00-15:00

**Inquiry** 

①,③-⑨ Community Service Division Counseling Section (Shimin Seikatsu-ka) 🏗 0544-22-1196

② Citizen Exchange Division (Shimin Koryu-ka)

**3** 0544-22-1246

(10-12) Commerce and Industry Division (Syoko Shinko-ka)

**3** 0544-22-1295

# Place: Meeting Room 510, 5th Floor, City Hall

Consultation	Date & Time	
Real estate transaction agent (Takuchi tatemono torihikishi sodan)	May 9 13:00-15:00	

Inquiry Construction and Housing Division (Kenchiku Jyutaku-ka) 🕿 0544-22-1163

# Place: Meeting Room 721, 7th Floor, City Hall

Consultation	Date & Time
Pension consultation (Nenkin sodan) *Appointment is required.	May 25 10:00-15:00

Inquiry Fuji Pension Office in Fuji city (*Fuji Nenkin Jimusho*) 🛭 🕿 0545-61-1900

# Application for "My Number Card"

Place: Cafeteria, 7th floor, City Hall

Date	Time	
Weekdays	8:30–19:00	
Weekends	8:30–17:00	
May 6 (Sat), 7 (Sun), 13 (Sat), 14 (Sun), 20 (Sat), 27 (Sat), 28 (Sun)	0.30-17.00	

<sup>\*</sup>Application assistance service is available from 10:00-16:00.

# Application Assistance for "My Number Card"

Place: West side of AEON CINEMA, 3rd floor, AEON Mall Fujinomiya

Date	Time
May 6 (Sat), 13 (Sat), 20 (Sat), 27 (Sat)	10:00–16:00

Inquiry Citizen Registration Division (Shimin-ka) 🕿 0544-22-1217

# Application for "MAINA POINTS"

Place: Citizen Registration Division, 1st floor, City Hall

Date	Time
Every day until May 31 (Excluding from May 3 to 7)	8:30–16:45

\*Until 18:45 on Wednesdays only

<mark>Inquiry</mark> Digital Promotion Division *(Dejitaru Suishin-ka)* 🕿 0544-22-1116



# ■ City Hall Open Days on Holidays: We open on the first Sunday of every month.

May 7 (Sun), June 4 (Sun) 8:30-17:00

Division & Phone number	Services
Citizen Registration Division (Shimin-ka)  10 0544-22-1134 (Certification)  10 0544-22-1135 (Family Register and Address)	<ul> <li>Submission for Family Register (koseki) (birth, marriage, death, etc.)</li> <li>Submission of change of residence (moving into the city, moving out of the city, moving within the city, etc.)</li> <li>Application for seal (inkan) registration and abolition</li> <li>Issuance of various certificates (certificate of residence (jyuminhyo), Family Register (koseki tohon, koseki syohon), certificate of seal (inkan) registration)</li> <li>Renewal procedures for the electronic certificate of My Number Card</li> <li>Receiving passports</li> <li>※After 17:00, Submission for Family Register (koseki) are kept at the duty room on the 1st floor of City Hall.</li> <li>※Cross-issuance with Fuji City is available from 9:00 to 16:00.</li> <li>※Application for a passport is not available.</li> <li>※With My Number Card, you cannot procedures for change of residence (moving into the city).</li> <li>※With My Number Card, you can obtain a certificate of residence (jyuminhyo) and a certificate of seal (inkan) at convenience stores "Konbini".</li> </ul>
Insurance and Pension Division (Hoken Nenkin-ka) © 0544-22-1138	Qualification and disqualification for National Health Insurance
Child Future Division (Kodomo Mirai-ka)  © 0544-22-1146	Application for Child Allowance and Child Medical Expense     Beneficiary Certificate

Tax & Premium Collection Division (Shuno-ka)	<ul> <li>Payment of city taxes, etc. and Consultation on payment</li> <li>Issuance of tax certificates</li> </ul>
<ul><li>☎ 0544-22-1129 ⟨Payment⟩</li><li>☎ 0544-22-1128 ⟨Certification⟩</li></ul>	
	**Tax exemption certificates, etc. that require a declaration cannot be issued
Life Enviroment Division	Distribution of garbage collection schedule
(Seikatsu Kankyo ka)	Explanation of how to separate and dispose of garbage
<b>☎</b> 0544-22-1137	
School Education Division	Enrollment / Transfer Procedures
(Gakko Kyoiku-ka)	
<b>☎</b> 0544-22-1184	

# ■ After-hours service: Every Wednesday until 19:00pm

\*No services if a public holiday falls on a Wednesday.

Division & Phone number	Services
Citizen Registration Division	<ul> <li>Application for seal (inkan) registration and abolition</li> <li>Issuance of various certificates (certificate of residence (jyuminhyo),</li> </ul>
(Shimin-ka)  6 0544-22-1134	family register <i>(koseki tohon, koseki syohon)</i> , certificate of seal <i>(inkan)</i> registration)
	**Cross-issuance with Fuji City and submission of change of residence are not available.
	**Submission for Family Register <i>(koseki)</i> are kept at the duty room on the 1st floor of City Hall.
	*These services are not available at branch offices, community centers, Tomioka Exchange Center and Ofuji Exchange Center.
Tax & Premium Collection Division (Shuno-ka)   ☎ 0544-22-1129	<ul> <li>Payment of city taxes, etc. and Consultation on payment</li> <li>Issuance of tax certificates</li> </ul>
	※Appointment is required in advance for tax consultation. ※Tax exemption certificates, etc. that require a declaration cannot be issued

